

Excerpt Practice Schedule		Macro Goals
Warmup / Scales Vibrato exercises Storch / Etudes Mahler solo Otello Kije Ginastera Pulcinella Bach Beethoven 5 – II & III Beethoven 9 Don Juan Mozart 40, 41 Brahms 2 Ein Heldenleben Romeo & Juliet – Tomb Solo		1) My right arm. Spiccato. Keeping bow straight 2) Accuracy of sound. I think it's a coordination of intonation / left arriving before right / and of course the right arm. I also believe the sound is tied into what some people have called 'tuning the bow'... The right bow speed / weight / placement for each pitch...a real solid note.. This will be related to goal number 3) Pitch and intonation. I've taped myself a lot this year with my camera. There's a warble to my pitch. I need to hit the note right on and have immediate accuracy with a solid footing of the bow. I get to the pitch and correct well but I want to eliminate that needed correction... 4) ATTEND MASTERCLASSES / RECITALS

WARMUPS

- NEED FAST BOWING/SAUTILLE – piano spiccato
- Chromatic Coordination
- Need a string crossing exercise – use arpeggios
- Velocity – fast scales going for speed
- Sevcik

SCALES

Vibrato
 1/16 notes
 Off the string strokes in lower register
 CONSISTENT SOUND
 Major ⇒ Spiccato, Solidity / *THE Sound*

ETUDES

Storch-Hrabe

INTONATION

Wexler practicing – shift / don't adjust, decide, adjust
 Singing » 3rds and other intervals

GENERAL

- Left hands needs to arrive before right
- Smooth bow changes
- Smooth & clean string crossings
- Pitch ◇ Dynamics ◇ Articulations ◇ Tempo
- *Convey my musical intentions / convey the feeling – have a clear idea / picture of my interpretation and musical intention*
- *100x Repetitions*

REPERTOIRE

- Bach Suite I - ALL

SIGHT READING

Etude books
 Zimmerman books

FOR FUN

Fiddle stuff
 Aebersold - Improv

Daily Goals

Accomplish / Fix something – BE SPECIFIC
 Review practice techniques
 DEVELOP BOW
 100x Repetitions

»Use productive practice techniques »ISB;
 ASODB; etc. – ANALYZE BEFORE PLAYING

Weekly Goals

Video tape self – 1 or 2 excerpts, Bach
 Review / read a practice tool / tip

Intermediate Goals

Auditions

Short Term Goals

BIGGER SOUND!

Long Term

Stay consistent with practicing 3-5 hours daily
 Audition for professional orchestras
 Need 'the sound' – big orchestral
 Clarity of rhythm – groove – portray the rhythm