<table>
<thead>
<tr>
<th><strong>Excerpt Practice Schedule</strong></th>
<th><strong>Macro Goals</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Warmup / Scales</td>
<td>1) My right arm. Spiccato. Keeping bow straight</td>
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<tr>
<td>Vibrato exercises</td>
<td>2) Accuracy of sound. I think it's a coordination of intonation / left arriving before right / and of course the right arm. I also believe the sound is tied into what some people have called 'tuning the bow'... The right bow speed / weight / placement for each pitch...a real solid note.. This will be related to goal number</td>
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<tr>
<td>Storch / Etudes</td>
<td>3) Pitch and intonation. I've taped myself a lot this year with my camera. There's a warble to my pitch. I need to hit the note right on and have immediate accuracy with a solid footing of the bow. I get to the pitch and correct well but I want to eliminate that needed correction...</td>
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<tr>
<td>Mahler solo</td>
<td>4) ATTEND MASTERCLASSES / RECITALS</td>
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<tr>
<td>Otello</td>
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<td>Kije</td>
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<td>Ginastera</td>
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<td>Pulcinella</td>
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<td><strong>Bach</strong></td>
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<td>Beethoven 5 – II &amp; III</td>
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<td>Beethoven 9</td>
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<td>Don Juan</td>
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<td>Mozart 40, 41</td>
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<td>Brahms 2</td>
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<td>Ein Heldenleben</td>
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<tr>
<td>Romeo &amp; Juliet – Tomb Solo</td>
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### Warmups
- NEED FAST BOWING/SAUTILLE – piano spiccato
- Chromatic Coordination
- Need a string crossing exercise – use arpeggios
- Velocity – fast scales going for speed
- Sevcik

### Scales
Vibrato
1/16 notes
Off the string strokes in lower register
CONSISTENT SOUND
Major ⇒ Spiccato, Solidity / *THE Sound*

### Etudes
Storch-Hrabe

### Intonation
Wexler practicing – shift / don’t adjust, decide, adjust
Singing » 3rds and other intervals

### General
- Left hands needs to arrive before right
- Smooth bow changes
- Smooth & clean string crossings
- Pitch ◊ Dynamics ◊ Articulations ◊ Tempo
- Convey my musical intentions / convey the feeling – have a clear idea / picture of my interpretation and musical intention
- 100x Repetitions

### Repertoire
- Bach Suite I - ALL

### Sight Reading
Etude books
Zimmerman books

### For Fun
Fiddle stuff
Aebersold - Improv

### Daily Goals
Accomplish / Fix something – BE SPECIFIC
Review practice techniques
DEVELOP BOW
100x Repetitions

- Use productive practice techniques »ISB; ASODB; etc. – ANALYZE BEFORE PLAYING

### Weekly Goals
Video tape self – 1 or 2 excerpts, Bach
Review / read a practice tool / tip

### Intermediate Goals
Auditions

### Short Term Goals
BIGGER SOUND!

### Long Term
Stay consistent with practicing 3-5 hours daily
Audition for professional orchestras
Need ‘the sound’ – big orchestral
Clarity of rhythm – groove – portray the rhythm

9/26/08